PAL @ Yuhua Primary School

Programme for Active Learning

Photos of unmasked activities were taken prior to Heightened Alert

Yuhua Primary School

Growing our Hearts and Minds



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Growing our Hearts and Minds



PAL@Yuhua Primary

- Encourage learning beyond the classroom to discover new interests, learn new skills and develop character
- Balancing Knowledge with Soft Skills and Values
 - Emphasise non-academic programmes within curriculum
 - Aligned to Holistic Education approach

















Objectives of PAL

- Give pupils broad exposure to the domains of Sports & Games, Outdoor Education, Performing and Visual Arts
- Nurturing Confidence, Curiosity and Cooperation Skills (the 3 Cs)
- Developing pupils' Social-Emotional Competencies









PAL Modules @ Yuhua Primary School

Primary 1	Primary 2
Dance (Performing Arts) 8 sessions	Music (Performing Arts) 7 sessions
Art (Visual Arts) 8 sessions	Drama (Performing Arts) 4 sessions
Outdoor Education 8 sessions	Outdoor Education 7 sessions
Each session = 3 periods : 90min	Sports & Games 7 sessions

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PAL Music

PAL Visual Arts





PAL Sports & Games



PAL MODULES @ YUHUA PRIMARY



PAL Drama

PAL Dance





PAL Outdoor Education



Growing our Hearts and Minds



Attire for PAL

- PE attire
- Parents are to ensure pupils have adequate sets of PE attire for both PAL and PE lessons every week.







